

8.14.20

## Women's Championships' Bowl for the Cure Week



Come celebrate breast cancer survivors during Bowl for the Cure Week at the 2021 Women's Championships in Addison, Illinois!

The week of June 21 - 27 will include many fun activities, including the Approach of Hope, a special opportunity to recognize those who have fought breast cancer. There are limited slots available, so act now, and let's bring awareness to this great cause!

To gain more information and register for the tournament, click [here](#).

### Bowl for the Cure Events

It's almost time to celebrate National Breast Cancer Awareness Month. You can get involved by volunteering, donating and hosting a Bowl for the Cure event. If you will be hosting an event this year, fill out the online [form](#), and we will post your event to the Bowl for the Cure Facebook page!

For more information regarding hosting a Bowl for the Cure event, click [here](#).

### Bowl for the Cure Resources

Studies have shown that having a support system can reduce anxiety and stress. For those who may be struggling with their breast cancer diagnosis or want more information regarding the disease, there are many resources available. There are support groups, helplines and programs to assist those grappling with breast cancer.

To gain information on available resources, click [here](#).

### Pink Facts

There are many risk factors associated with breast cancer, but one important factor is having a family history of cancer. A family's shared lifestyle factors and/or genetics are reasons for increased breast cancer risk due to family history.

The risk due to family history depends greatly on the closeness of the relative and how many relatives have developed breast cancer. Having a first-degree female relative (mother, sister, daughter) with breast cancer, doubles a women's risk of breast cancer. Of women diagnosed, 13-16 percent have a first-degree female relative with breast cancer.

Gather your information by using the family history tool on Susan G. Komen's website [here](#).

**Pink Advocate** – Ragan Beverly

My grandmother had breast cancer and she is the reason I volunteer and donate to breast cancer initiatives. It is important for me to be involved because I want to bring awareness to a disease that has affected my family. In volunteering, I have been inspired by seeing the support, strength, and hopefulness of breast cancer survivors and those still fighting.

Missed last month's BFTC newsletter? Go to [bowl.com/bftc](http://bowl.com/bftc) to read last month's updates.

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If you have stories, memories, or words of encouragement you want to share with the community, we want to hear from you. If we choose your story for the newsletter, you will receive a **Bowl for the Cure bowling pin!** Please email [bftc@bowl.com](mailto:bftc@bowl.com) with the subject line "BFTC Highlight" or you can mail a letter to:

United States Bowling Congress  
Bowl for the Cure  
621 Six Flags Dr.  
Arlington, TX 76011



Click [here](#) if you wish to donate to the cause!