

March 16, 2020

### **Bowl for the Cure Month Photo Contest Winners**

Thank you to everyone who participated in Bowl for the Cure Month. You truly made it a great success. More than 15 events around the country and online donations contributed to a significant donation in our fight against breast cancer! In conjunction with Bowl for the Cure Month, USBC hosted a silent auction and raised more than \$1,900 for Bowl for the Cure.

There were many great entries for the Bowl for the Cure photo contest. We are excited to announce the winners of a Bowl for the Cure Viz-A-Ball are Bonnie Berry from Kentucky, Theresa Lashly from Idaho, and Coleton Jacobson from Utah.



Thank you to all our participants! For information regarding the contest, click [here](#).

### **Women's Championships' Bowl for the Cure Week**

As a reminder, there are limited spots available for the Women's Championships' Bowl for the Cure week.

If you are a survivor, or want to support the fight against breast cancer, please join us in Las Vegas on June 14-21 to celebrate survivors and increase breast cancer awareness. The week will include various activities, such as the March of Hope (survivor walkout), a silent auction, and various giveaways! All funds collected during the week will be donated to Bowl for the Cure.

For more information and to register for the tournament, click [here](#).

### **Pink Facts**

To reduce the risk of breast cancer, it is important to live a healthy lifestyle. Some healthy lifestyle choices to consider are to limit alcohol, limit menopausal hormone use, exercise routinely, maintain a healthy diet, and breastfeed, if you can.

The most effective way to prevent breast cancer is regular screening exams. How often you need a screening is dependent upon your age. Click [here](#) for information on cancer screening from the Susan G. Komen website.

## Survivor Highlight – Kathleen Lautenschlager

"I am a league bowler who purchased a breast cancer jersey to wear this season. Before I even had a chance to wear my shirt, I was diagnosed with breast cancer and undergo surgery tomorrow morning. I already had my Storm pink ball from previous years I thought I was all set to go. I did not see cancer at 61 in my future. Let's all contribute so others don't have to see it in their future, too."

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If you have stories, memories, or words of encouragement you want to share with the community, we want to hear from you. You may even get a feature in the Bowl for the Cure newsletter! Please email [bftc@bowl.com](mailto:bftc@bowl.com) with the subject line "BFTC highlight" or you can mail a letter to:

United States Bowling Congress  
Bowl for the Cure  
621 Six Flags Dr.  
Arlington, TX 76011

Click [here](#) if you wish to donate to the cause!

