## WAY TO LIVE





IN SCHOLARSHIPS EACH YEAR





AMERICANS AGE 17 AND UNDER **BOWL EACH YEAR** 

47 STATES IN THE U.S. HAVE ESTABLISHED HIGH SCHOOL BOWLING PROGRAMS

54,000 HIDS BOWL IN HIGH SCHOOL VARSITY COMPETITION

## PHYSICAL HEALTH KNOW THE FACTS

BURNS CALORIES (2) 100+ PERUR

2 BUILDS MUSCLE 134 MUSCLES

4 STEP APPROACH

3 WEIGHT BEARING SPORT BUILDS STRONG BONES

4 SUSTAINS HAND & EYE COORDINATION

3 GAMES = 1 MILE OF WALKING

**PROMOTES BALANCE & COORDINATION** 

**DID YOU KNOW...** THE DISTANCE FROM THE PITCHER'S MOUND TO HOME PLATE IS APPROXIMATELY THE SAME LENGTH AS A BOWLING LANE.

SOMETHING FOR EVERYONE

FAMILY BONDING





3 LIFETIME SPORT





**BOWLING** OFFERS KIDS OF ALL AGES, SIZES, AND ABILITIES THE OPPORTUNITY TO HAVE FUN AND LEARN A LIFELONG SPORT.